**HRIS SOCCER AND NETBALL GALA DAY**

**THIS WEEK** … our Soccer and Netball Teams put in a huge effort at the HRIS Gala Day. Our Kindy students had a fabulous day with their fathers at the farm and we have been frantically preparing for and presenting our concert.  

**NEXT WEEK** … our Chess Teams play in a competition hosted on our campus. Kindy and Year 1 students have a sports day next Friday.  

**ON RESILIENCE** … Learning to understand and cope with emotions is an important part of resilience. At school we’re learning to recognise and name our own feelings, along with the feeling of others. We want our students to know that they can control their feelings; bad moods or negative feelings can be changed with a positive outlook and by doing something that makes us feel good. As adults we have a powerful opportunity to discuss our feelings, model how we cope with negative emotions and how we savour positive emotions.  

Thanks for supporting our concert. It was great to see you all there! We wish our dads a very happy Father’s Day this Sunday.

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“However long the night, the dawn will break.” African Proverb

Monday night this week had our Year 12 Music class perform at Lizotte’s to an audience of proud parents and beaming teachers. Miss Knopper and Mrs Cooper swapped and changed instruments as much as the students, engaging and encouraging the class. Honestly, the voices, instrumentalists and styles of music made for an exceptional night of enjoyable music. Then on Wednesday, performances of a different kind at AICES Athletics continued those proud moments – 11 of our students represented our School and 4 now go on to CIS, having come second or third in their events. Our Prefect nominees are also standing up on Monday in Chapel to unpack a small part of their vision for the leadership team in 2017. It started me thinking that when our students truly step up, step out and step forward, we have so many moments to celebrate success and students achieving their potential. It would really excite me to see each and every student push him/herself to do great things. Let’s encourage this kind of commitment to excellence in all achievements. Have a fabulous Father’s Day!

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HRIS Soccer and Netball Gala Day
This week there were 70 students from Years 3-6 participating in the HRIS Soccer and Netball Gala Day at Maitland, Adamstown and Newcastle. This year saw the most teams ever registered for this event. Avondale School is one of sixteen schools competing in the HRIS and we can be very proud of the way our students performed, both on and off the field. A big thank you to our staff who spent many hours training our teams.

- Junior Girls Netball: 3rd place (Mrs Vaughan)
- Senior Girls Netball (A): 3rd place (Mrs Hill)
- Senior Girls Netball (B): 5th place (Mrs Hill)
- Junior Boys Soccer: 2nd place (Mr Robinson)
- Senior Boys Soccer (A): 4th place (Mr Venegas)
- Senior Boys Soccer (B): 6th place (Mr Head)

Newcastle One-Day Chess Competition
There will be 15 students competing at the Newcastle One-Day Chess Competition this Monday, September 5 at the Broadmeadow PCYC.

Knights & Rookies Chess
Wednesday September 7
The Knights and Rookies Chess Teams will be playing their rounds 6 to 10 here on campus in the CLC on Wednesday, September 7.

Kindy and Year 1 Sports Day
Friday, September 9
The Kindy and Year 1 Sports Day will be held next Friday, September 9 on the oval commencing at 9.00 am. A program will be emailed out to parents next week.

Netball Students
The Wangi / Arcadia Netball Club is taking registrations for their weekday competition for students aged 11 and 12 years old. This would be a great experience for our 2017 Netball Teams.

SPORT UNIFORM TERM 3
Kindy wear sport uniform on MONDAYS & TUESDAYS
Years 1 & 2 wear sport uniform on TUESDAYS
Years 3-6 wear sport uniform on TUESDAYS & FRIDAYS

String Performance
Last Saturday evening a number of selected string students performed at the Institute of Worship’s Hymns and Songs of Praise Concert. They performed with a full orchestra backing them and the performance was a huge success. Congratulations to these students for their practice and dedication.

Knights & Rookies Chess
Wednesday September 7
The Knights and Rookies Chess Teams will be playing their rounds 6 to 10 here on campus in the CLC on Wednesday, September 7.
Year 11 General Maths NRMA Visit
Last Thursday the Year 11 General Maths class had a visit from NRMA driving instructors as part of the Maths and Driving Focus Study. The mathematics behind stopping distance was vividly demonstrated by a dummy that sustained fatal injuries in a collision when the driver assumed that it would be possible to stop in time when travelling at 60 km/h in a 50 km/h zone. Students were amazed at the actual distance needed between cars to allow for safe stopping in an emergency. The instructors also shared useful information about driver distractions, reaction time and road safety.

National Literacy and Numeracy Week
As part of the National Literacy and Numeracy celebrations at Avondale School, Year 7 and 8 students had the opportunity to visit the newly created STEM Maker Space in the iCentre and participated in some fun numeracy activities. On Monday, Mr Kunz ran a ‘Who won it?’ competition for students. This competition required students to analyse some fictitious statistics to discover the final winner of a championship in Rugby League. Students gained further insight into practical applications of statistics from outside of the classroom. On Tuesday, Mr Hibbard facilitated a ‘Thinkers are Winners’ series of strategy games, which were designed to focus on the development of logical thought and mathematical reasoning. A number of passionate, competitive students were able to discover winning strategies and unlock the mystery of three simple but thought provoking games. All participants received great prizes! We commend those students who got involved.

Year 11 PDHPE Complete Their First Aid
Last week a few of our IT staff and the Year 11 PDHPE class all completed their First Aid course. It was a full day of bandaging, using an Epipen, asthma management and CPR training. We should all feel safer now, not only can the Year 11 class do First Aid but our IT Department should be able to revive you as well as your computer :-(

ACT Mountain Bike Championships
Last Thursday started very early for 23 students and their parents as the bus was packed and bikes loaded to head to Canberra for the ACT Schools Mountain Bike Championships. The practice laps that afternoon at Mt Stromlo were done in a bitterly cold wind and the occasional drizzle. The carbohydrate loaded dinner and walk around part of Lake Burley Griffin prepared most for a good sleep, focused on racing the next day. Waking up at 7.00 am and still being -2°C outside was challenging for some, but by race time at 10.00 am it was clear blue skies. 15 laps in 4 hours was Avondale School's best result with the mixed team coming 4th overall and the college division boys team coming 5th. The other teams were ranked in the 30's, a commendable effort considering there were over 600 riders there on the day competing. A big thank you to the parents who came along as support crew and Canberra Christian School who once again allowed us to stay at their school.

AICES Athletics Day
On Wednesday 11 Secondary students competed at the annual AICES Athletics Day at Sydney Olympic Stadium. It was a near perfect day for competition and our students represented the school in both track and field events. The top three positions go through to the CIS Athletics Day on September 21 at the same venue. Some of our excellent results were:

- Jie AB 2nd Shotput / 2nd Javelin
- Liam B 2nd High Jump
- Tyler H 3rd 1500m / 4th 3000m
- Chad M 3rd 400m
- Dylan M 2nd 800m / 3rd 1500m
- Ethan M 5th 1500m
- James M 3rd High Jump
- Jerry R 3rd Long Jump / 3rd Shotput / 3rd 400m
- Joshua V 4th Discus
PLEASE NOTE

2017 Planning
We are excited about our plans that we have programmed for your child/ren in 2017. These plans are based on the assumption that your child/ren will be returning after the Christmas school holidays. However, if you find your circumstances are changing or you think they may be changing for 2017, please notify the Principal by the end of this term via email to admin@avondaleschool.nsw.edu.au. As stated in the School Handbook, a term’s notice is required for us to plan appropriately and efficiently for your child. Thank you.

LIBRARY

Book Week Book Fair
At our Book Fair you bought $7695.00 of books and other items. Your outstanding support means that we received over $800 worth of new books for the library and a $1000 commission in cash to purchase other library resources. Thank you!

Book Week Competitions
A big thank you to all students who participated in our Book Week Competitions. Congratulations to the winners listed below:
K-6 ‘We Read Too! Can You Guess Who?’ Competition
Kindy Jett P
Year 1 Raneisha P
Year 2 Ameeka C
Year 3 Joelle C
Year 4 Olivia M
Year 5 Amy M
Year 6 Georgia C
Special congratulations go to Amy M who scored 38 out of 38! Great job Amy!

Years 7-12 ‘Framed’ Photo Competition
Year 7 – Cadence A Year 9 – Zali W Year 11 - Mitchell L
Year 8 – Zoe C Year 10 – Jeremy B

Years 7-12 Quizzical
Years 7-9
1st Vanessa C, Gloria R, Zali W, Tanya V
2nd Ben L, Olivia M, Lara H, Grace B
3rd Jed Z, Harrison C, Zoe C, Brandon F

Years 10-12
1st Genevieve M, Brianna C, Jessie S, Madison K
2nd Casey H, Sophie-Lee J, Elise S, Shannon G, Indigo A
3rd Sophie B, Nyah W, Tahlia K, Brianna K

On Wednesday our school teams competed in Battle of the Books at Macquarie College. Although we did not bring home the trophy, it was a valuable day that provided students with an opportunity to interact with students from other schools and focus on literary knowledge.

Years 7-12 Makerspace
You never know what's going to happen next in the Makerspace at lunchtime! This week students have participated in hands on numeracy games and origami. What will next week bring? You’ll just need to come to the Makerspace in the iCentre to find out.

FROM THE PRINCIPAL

Recently in the Olympics track and field events, one of the athletes went down while in a winning position. I expected them to roll to the side of the track and give up, upset at their grazed knee and loss of place in the race. Amazingly, they leapt up and started running again. Not only did they keep running but they got a place in the final for a medal. An amazing outcome when hit by the adversity of a simple misstep and fall.

Resilience is the strength to recover from adversity. When we have a loss, injury or disappointment it’s what we do with it that really counts. When we get up and keep going, finding the courage to carry on, we discover things about ourselves that make us stronger for the next challenge.

When you’re resilient, you’re more prepared to seek new experiences and opportunities, taking reasonable risks to achieve your goals. Risk taking might mean some setbacks, but it also creates opportunities for success and greater self-confidence.

Enjoy the news for this week!

Dr David Faull
Principal

CALENDAR

Primary Calendar - Term 3
Father’s Day ................................................................. September 4
One-Day Chess Competition ......................................... September 5
Rookies & Knights Finals Chess ..................................... September 7
Kindy & Year 1 Sports Day ............................................. September 9
Art Show 6.30 pm @ the CLC ......................................... September 10
Family Festival ................................................................ September 11
CIS Athletics Day ........................................................ September 14
Wyong Chess Competition .......................................... September 15
Year 6 Canberra Trip .................................................... September 19 - 22
Last Day of Term 3 ....................................................... September 23

Secondary Calendar - Term 3
Father’s Day ................................................................. September 4
Year 12 Music Works Due ............................................. September 5
Years 9-12 Music & Drama Excursion ............................. September 7
Art Show 6.30 pm @ the CLC ......................................... September 10
Family Festival ................................................................ September 11
Week of Worship ........................................................ September 12 - 16
Year 7 Vaccinations Dose #3 ......................................... September 13
Year 11 Final Exams ...................................................... September 16 - 23
Year 12 Final Chapel Program 9.30 am MPC ............... September 23
Last Day of Term 3 ....................................................... September 23

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SCHOOL TERMS 2016
Term 2 Tuesday, April 26 - Friday, July 1
Term 3 Monday, July 25 - Friday, September 23
Term 4 Monday, October 10 - Monday, December 12
Avondale School

Family Festival

Sunday 11 September • 9am - 2pm

Attractions on the day...

Carnival Rides
Market & Produce Stalls
Live Entertainment
Laser Tag
1km & 3km FUN RUN
Animal Farm & Pony Rides
Competitions & prizes

Great Family Fun!!

Pre-purchase unlimited Carnival Ride Armbands $20 ea

VISIT OUR WEBSITE TO MAKE BOOKINGS OR PURCHASE CARNIVAL RIDE ARMBANDS TODAY!

avondaleschool.com.au
119 Avondale Rd, Cooranbong

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