THIS WEEK ... we have enjoyed the talent and creativity of our students in Music Class Concerts. The HRIS Basketball Day proved to be an excellent challenge for our teams, allowing them to show skill, teamwork and sportsmanship. Teachers are spending today working hard on reports to give you an insight into your child’s learning achievements. We look forward to sharing these with you in the coming weeks.

NEXT WEEK ... a team of students will be attending the inaugural HRIS Public Speaking Competition and our best runners are representing our region in the CIS Cross Country. Students continue to train in athletics in preparation for our Athletics Days in Week 9.

OPTIMISM ... As we work to teach our students about optimism, I am incredibly aware of the importance of viewing the world with positivity. As Christians our optimism comes from our hope for the future and our faith in God. With Him we believe all things are possible. We do our children a huge favour when we encourage them to acknowledge the negatives, but look for the positives. Optimistic children have higher levels of resilience.

Enjoy your LONG weekend!

MAKING A MARK ... “Optimism doesn’t wait on facts. It deals with prospects. Pessimism is a waste of time.” Norman Cousins

DONE AND DUSTED ... We were really disappointed to not have a very sick Paul Dillon talk to our Year 10-12 students on Monday – it was classes as normal! Year 9 did Newcastle for Geography on Tuesday, Year 12 did Avondale College to discuss options beyond 2016 on Wednesday, and a number of girls’ teams represented us at HRIS Netball on Thursday. Some of our students had some in-class Mid Year Exams as well this week. All of this in just four days. Teachers’ heads are down today as we mark and write reports.

CHALKBOARD ITEMS ... Another short week sees us simply in the business of classes and tasks. Year 10 have an English excursion on Tuesday and we send some of our students on the HRIS Football day (Tuesday too). Some of our students head off on our Duke of Edinburgh trip on Wednesday. And we’re suddenly in the middle of June!

BEFORE IT’S ERASED ... “Life is really simple, but we insist on making it complicated.” Confucius

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**SPORT**

**Years 2-6 Athletics Days**
The Athletics Days for students in Years 2-6 will be held in Week 9 of this term.
- **Tuesday June 21**  
  Years 3 and 4  
- **Wednesday June 22**  
  Years 5 and 6  
- **Friday June 24**  
  Year 2

If you know in advance your child/children will be away for their events, please contact Mr Head prior to the date to make alternate arrangements.

**Parent Helpers Needed**
Mr Head would love the help of parents who would be willing to assist a teacher in the operation of one of the athletic events in the upcoming Athletics Days. They will take place in Week 9 with Years 3 and 4 on Tuesday, June 21; Years 5 & 6 on Wednesday, June 22; and Year 2 on Friday, June 25. If you are able to assist, please phone the Primary Office on 4977 0215 and leave your name and preferred day.

**Athletics Training**
All students from Years 2-6 are invited to train with Mr Head before school from 8.00 am until 8.45 am each morning except Wednesdays.

**HRIS Basketball**
This week, 36 of our best basketball players from Years 3-6 travelled to Maitland for the HRIS Primary Basketball Competition. There were 11 schools represented playing in both Junior and Senior divisions. Our teams looked excellent in their basketball uniforms, especially our Junior Teams who were wearing their new uniform for the first time. Thanks to the support of the Parents and Friends who supplied the funds for these uniforms in 2015. A big THANK YOU to Pr Mel, Mrs Watson, Mrs Vaughan and Mr Spiros who put in a lot of time and effort to ensure our teams were well prepared for this competition. Results are as follows:
- **Junior Boys**  
  2nd Place (presented with the HRIS Medallions)  
- **Senior Boys**  
  5th Place  
- **Junior Girls**  
  3rd Place  
- **Senior Girls**  
  5th Place

**Avondale School’s Got Talent**
Congratulations to those students who have been selected from their Class Concert to participate in Avondale School’s Got Talent Concerts next week.
All concerts will take place at lunchtime from 12.30 pm. Tuesday is the Dance Concert in the MPC, on Wednesday the Years 3 and 4 Music Concert will be in the Music Building, and on Friday the Years 5 and 6 Music Concert will be in the Music Building. Parents are welcome to attend. Congratulations to these students and we look forward to their repeat performances next week.

**Kids Tennis Foundation**
Please be advised there will no Kids Tennis Foundation program operating on June 9 and 16 due to Mr Booth’s absence.
**Secondary**

### General

**Uniform Code & General Grooming Policy**
The School Uniform Committee met recently and addressed a few issues regarding the school uniform. Please take note that as of June 2016 the Uniform Code and General Grooming policy in the Student Handbook - Secondary Campus has been amended. The updated Uniform Code and General Grooming Policy will be sent via email to all Secondary parents.

### Sport

**HRIS Netball**
It was a freezing day at HRIS Netball yesterday! But the girls who played nine games during the day quickly warmed up. The Intermediate Team played hard against some tough competition in the pool rounds to start the day. Their sportsmanship and attitudes were exemplary. The Year 7 Team played well, focusing on doing their best. The Intermediate Team ended the day ranked 13th out of the 16 schools represented in their division and the Year 7 Team came 4th overall in their division.

A big thank you to the parents who came and supported the teams. Your cheers and enthusiasm were infectious!

**Band & Choir Pre-Tour Concert**
Saturday, June 25, 7.00 pm
Avondale School MPC

Family ($20) / Adult ($10) / Student/Pensioner ($5)

**Avondale School**
We Learn - We Value - We Serve

**STEP UP**
3.30 – 4.30 PM THURSDAYS
ALL THIS TERM IN THE ICENTRE

A CHANCE TO:
- Do Independent Study
- Complete Your Homework
- Get Some Help With Writing (Just Sorting That Essay Out!)
- Get Some Help with Maths (Even That Tricky Homework Question!)
- Get Some Guidance on That Assessment Task You Need to Start!

Hope to see you there!
**PLEASE NOTE**

**Bus Travel – Opal Cards**

Students who travel on the School Bus are reminded that they need to present their Opal Card for every trip. From July 2016 any student who does not have an Opal Card will not be permitted to travel on a school bus. All Opal Card enquiries can be made by phoning 131 500 or visiting www.transportnsw.info/school-students. For lost and damaged Opal Cards email concessions@transport.nsw.gov.au and quote all relevant student details as well as school and route. This is the only department that deals with damaged / replacement cards.

**Student Creativity on Display**

The creativity of Avondale School students is amazing and we are privileged to have some great examples on display in the iCentre at the moment. Year 9 Textiles students have recently demonstrated their skills by making a dress, Year 8 Science students have created a variety of models of a cell, and Year 7 students, who have been studying Pilgrim’s Progress, have presented what they have learnt in a model format. It is worth taking a few minutes to call in to view these imaginative examples of hands-on learning.

**Term 2 K-6 Library Borrowing**

Next week will be the last week of borrowing for students in Years 3-6. Students who have borrowed every week of the term will choose their library prizes the following week during Week 9. Students in Kindy to Year 2 will return their library books in Week 8 and receive their prizes on June 16 and 17 due to the Year 2 Athletics Day on June 24.

**FROM THE PRINCIPAL**

Optimism is a feeling or belief that good things will happen in the future - a feeling or belief that what you hope for will happen. A common example used to illustrate optimism versus pessimism is a glass filled with water to the halfway point. The optimist is said to see the glass as half full and the pessimist sees the glass as half empty. Optimism is often seen to expect the best, viewing events and situations in a positive light. In the context of resiliency, optimism refers to a sense of a positive future, to a tendency to find positive meaning in experiences, and a belief in one’s ability to impact positively on one’s environment and situation.

An optimistic outlook in life can boost the way we approach challenges and even boost the ability to respond and rebuild when we are unwell. It is good to build the immune system to keep away the common cold.

Being optimistic isn’t always about being happy. It’s taking what the world throws at you and saying, “I’m not going to let this get me down!” Enjoy the news for this week.

Dr David Faull
Principal

**Calendar**

**Primary Calendar - Term 2**

- Queen’s Birthday Holiday ................................................................. June 13
- Avondale School’s Got Talent Dance Concert ................................. June 14
- Avondale School’s Got Talent Years 3 & 4 Music Concert .... June 15
- CIS Cross Country ................................................................. June 16
- P&F Meeting in Admin Building @ 7.00 pm .................................. June 16
- Avondale School’s Got Talent Years 5 & 6 Music Concert .... June 17
- Years 3 & 4 Athletics Day .......................................................... June 21
- Year 4R Parent Teacher Interviews ............................................. June 21
- Years 5 & 6 Athletics Day .......................................................... June 22
- Year 5 IMAX Excursion ............................................................ June 23

**Secondary Calendar - Term 2**

- Queen’s Birthday Holiday ................................................................. June 13
- HRIS Junior Touch Football ...................................................... June 14
- Year 10 English Excursion ............................................................ June 14
- Duke of Edinburgh Camp ............................................................. June 15 - 20
- P&F Meeting in Admin Building @ 7.00 pm .................................. June 16
- HRIS Basketball ................................................................. June 22
- Get Active Ends for Term 2 ......................................................... June 23
- Secondary Parent Teacher Interviews in the CLC ...... June 27 & 28
- Year 12 SOR2 & Modern History Excursion ......................... June 30
- STORMCo Trip ................................................................. July 1 - 7

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