**Primary Calendar - Term 2**
- Last Day of Term 2 ................................................. Jul 6
- Staff PD Week .............................................. Jul 23 - 27
- First Day of Term 3 ............................................... Jul 30
- Athletics Presentation ...................................... Jul 30
- ICAS English Competition .............................. Jul 31
- HRIS Cultural Festival ........................................ Aug 1
- Kindy College Cafeteria Excursion .......... Aug 1
- Term 3 School Fees Due ................................. Aug 3
- School Reunion ................................................. Aug 4
- Get Active Commences Term 3 ............... Aug 6

**Secondary Calendar - Term 2**
- Music Tour ............................................................. Jul 4 - 9
- Last Day of Term 2 ................................................. Jul 6
- Staff PD Week .............................................. Jul 23 - 27
- Y12 First Day of Term 3 ..................................... Jul 26
- Y7-11 First Day of Term 3 ................................. Jul 30
- HRIS Athletics Day ............................................. Jul 30
- Y12 Trial Exams ........................................... Jul 30 - Aug 10
- Y8 & 10 Subject Expos for 2019 .......... Jul 31
- HRIS Cultural Festival ........................................ Aug 1
- Term 3 School Fees Due ................................. Aug 3

**School Terms 2018**
- Term 2 .............................................................. Apr 30 - Jul 6
- Term 3 ......................................................... Jul 30 - Sept 28
- Term 4 .......................................................... Oct 15 - Dec 7
- Term 1 2019 .................................................... Jan 29 - Apr 12

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**The View**

**“Spread your wings and fly”**

As parents, watching your child struggle at something can be difficult. Seeing him or her fail can be devastating for both the child and parent. This made me stop and think: “If we don’t believe in our own child and what they are capable of, then who will?”

I recently had some time to re-watch the movie Gifted Hands. Gifted Hands is a story about renowned neurosurgeon Ben Carson. Carson was born in Detroit, Michigan in 1951. His mother, Sonya, was raised in Tennessee in a very large family and dropped out of school in the third grade. With limited prospects in her life, she married Baptist minister and factory worker, Robert Carson, when she was 13. They later had two children, Curtis and Ben. After finding out her husband had another secret family, they divorced and Sonya was left to raise her boys alone in financial hard times.

Sonya proved to be a tremendous influence on her boys and taught them that anything was possible even when they were ridiculed by their classmates for being at the bottom of their classes. “You are a smart boy, you just ain’t using that smartness” she would say over and over.

Determined to turn her sons’ achievements around, Sonya limited their television watching time and made them read two library books a week and give her written reports. Sonya’s poor education meant she could barely read them. At first, Ben resented the strict regimen, but after time he began to find enjoyment in reading and discovering he could be anybody he wanted to be. He used his imagination and over time developed a passion for science. After he finished school, he earned a full scholarship to Yale. He received a BA degree in psychology and later enrolled in the School of Medicine at the University of Michigan, choosing to become a neurosurgeon. Carson went on to become famous for his ability to perform neurosurgery to conjoined twins.

What I love about the Ben Carson story is how his mum believed in he and his brother. She used words of encouragement and spoke positivity into their lives. She loved them for who they were and didn’t compare. The message of “you can be whatever you want to be” is a gentle reminder that we need to be our children’s cheerleaders. Each child is different with unique personalities and talents. Despite these differences, all children need encouragement and to know that their parents believe in them whole-heartedly. It’s then that they will reach their full potential. Let’s choose to believe in our children; to encourage them to dream big, love unconditionally and to spread their wings and fly!

Rebecca Craig
P&F Secretary
SPORT

Years 2-6 Athletics Carnivals

This term was a big week with Athletics Carnivals being held for students in Years 2-6. With all events now completed, the HRIS Team of 80 students is now on display in the sport cabinet.

All students progressing to the HRIS Athletics Carnival on Friday, August 17 are encouraged to train over the three week holiday period. Students in throwing events are able to borrow equipment under parental supervision.

Eleven records were broken this year and special congratulations go to the following students:

- 9 Year Girls: Caitlin C (100m, 200m, Long Jump and 60m Hurdles)
- 9 Year Girls: Sienna B (Javelin)
- 9 Year Boys: Bailey A (Javelin)
- 10 Year Girls: Acacia R (Javelin)
- 12 Year Girls: Tegan C (Discus, Shot Put and Javelin)
- 12 Year Boys: Noah MG (Javelin)

The four Houses each won one of the relay races sharing the points around.

Congratulations to 8 Years Tom B who won the very exciting Avondale School 100m Gift Race by a photo finish over 12 Years Olivia M (2016 winner). Even with two video cameras recording the finish, staff had to project the finish onto the large TV screen to see the clear winner.

Congratulations to Macquarie House (1886 points) who won the total points, scoring narrowly over Watagan House (1841 points).

Please note the Athletics presentation will be held on Monday, July 30 the first day back in Term 3.

K-2 Sport In Schools Program

Term 3 - Each Wednesday

Our Term 3 Sport In Schools program will run on Wednesdays for students in Kindy, Year 1 and Year 2. Students are required to wear their sports uniform on Mondays and Wednesdays in order to participate in this quality fun program.

Years 3-6 School Gymnastics Program

Term 3 - Each Tuesday

Our school PE classes have been further enhanced with the introduction of a new gymnastics program which will replace the Sport In Schools program. The Gymnastics program will be run for all students in Years 3-6 by highly qualified gymnastics teachers in the MPC on Tuesdays. Years 3-6 students are required to wear sports uniform on Tuesdays and Fridays. This program will cover all PDHPE Gymnastics outcomes in the curriculum with individual assessments at the end of term.

Term 3 Years 3-6 Friday Sport

All students in Years 3-6 have selected a sport this week that they would like to concentrate on in Term 3. Students have made their choices from the following 10 options: Netball, Soccer, Hockey, Mixed Sports, Basketball, Gymnastics, Mountain Biking, Table Tennis, Girls Soccer and Touch Football.

Term 3 Sport Uniform

Kindy, Years 1 & 2 – wear their sport uniform on Mondays and Wednesdays for Term 3.

Years 3-6 – wear their sport uniform on Tuesdays and Fridays for Term 3.
YEAR 12 HSC MUSIC STUDENTS LIVE

Tuesday
28 August at 7pm*

Book online to support our students

AT
LIZOTTE’S!

Cost $15 per person
Purchase own dinner & drinks on the night

Year 8 & 10 Subject Expos for 2019
We are embarking on that time of year when choices get made for the next stage of learning - for Year 8, that’s choosing two elective subjects; for Year 10, it’s about making subject choices for the HSC. Normally, we have done this across two nights (one night per year level). This year, we’re having it all on the one night!

31 JULY
7.00 – 7.40pm
Year 10 families are invited to a short presentation in the MPC Auditorium on what the HSC looks like.

Year 8 families are invited to the MPC Gym/Foyer to engage in conversations with teacher specialists about Year 9 elective core subjects. Upon entry to this space, families will be given the elective lines for Year 9 2019 and have opportunity to discuss options of study for the next two years.

7.45 – 8.30pm
Year 10 families will have the chance to talk with teacher specialists about Year 11 elective and core subjects in the MPC Gym/Foyer.
Year 8 families will have a half hour presentation in the MPC Auditorium about what Year 9 looks like.
**Private Music Tutors**

Are you interested in having music lessons? We have many great tutors and instruments available to learn on. Please contact tutors directly to arrange lesson times.

**Piano**
- Kylie Stacey (Simply Music, AMEB, traditional) / 0409 939 302
- Angela Miller (Simply Music) / 0421 464 797
- Cybèle Coutet (AMEB) / 0423 455 977
- Jan Hughes / 4977 2037
- Henry Higgins / 0490 0404 308

**Voice**
- Cybèle Coutet (AMEB) / 0423 455 977

**Strings**
- Henry Higgins (cello) / 0490 040 308
- Esther Albert (cello / violin / double bass) / 0439 420 661

**Woodwinds**
- Emma Jones (flute) / 0432 925 199
- Fred Cracknell (saxophone / clarinet) / 0404 082 151

**Brass**
- Fred Cracknell / 0404 082 151
- Anna Howard (trumpet) / 0430 106 953

**Guitar**
- Jake Bisognin / 0400 389 612
- Toby Zeuschner / 0405 405 131
- Henry Higgins / 0490 0404 308
- Garry Lawler (group lessons / ukulele) / 0438 608 180

**Drums**
- James Dennett / 0401 549 084

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**BOOK WEEK**

**Book Week is Coming in Term 3!**

Our annual Book Week activities will be held from Monday, August 21 through to Friday, August 24. The theme for Book Week this year is ‘Find Your Treasure’ so there will be fun activities in the library based around this theme. In the week prior to Book Week there will be a famous author visiting to speak to Years 5-8. He has written twenty action-packed books for kids but you’ll have to wait to find out who he is! Please note that this is NOT the year for our Book Character Parade so no dressing up will be required until 2019!

**Parent Library**

Our Parent Library has a range of books that help us to understand a range of learners. If you are interested in learning about Asperger’s Syndrome or other learning variations, drop by our Parent Library. There are also free copies of the On the Table magazine, a Christian magazine with articles on life, parenting and health. Recent issues include articles on bullying and ‘Your child’s online privacy’. Feel free to come and take one.

**Just in Time for the Holidays...**

Our eBooks and eAudiobook collection is now available for Secondary students to use. Would you like an audiobook to listen to on holidays? Would you like multiple books to read on your phone or iPad? Just go to the iCentre page on Landscape and go into the High School Library page. From there, follow the link to the eBook collection. Students use their student ID number and the password AvondaleLib1. There is a huge choice of titles available, something to suit everyone!

**We value ...**

**Prayerfulness**