Primary Calendar - Term 3
Science Discovery Days ................. Aug 13 - 14
ICAS Maths Competition .................. Aug 14
School Open Day 10am - 2pm .......... Aug 14
HRIS Athletics Carnival ................. Aug 17
Book Week .................................. Aug 20 - 24
HRIS Soccer & Netball Gala Day ....... Aug 21
Newcastle Perm Maths Comp............. Aug 22
Y6 Orientation Day for Y7 2019 ....... Aug 23
Colour for Cambodia Run ............... Aug 26
Father’s Day .................................. Sep 2

Secondary Calendar - Term 3
Y10 Trial Exams ............................ Aug 6 - 20
Y8 Subject Choices Due for 2019 ...... Aug 13
Y10 Commerce Excursion ............... Aug 13
School Open Day 10am - 12pm ....... Aug 14
Y11 Hospitality Community Lunch .... Aug 14
Y7 Zoo Excursion ........................... Aug 15
Y10 Visual Arts Excursion ............... Aug 16
Y12 Construction Incursion .......... Aug 16
Senior Basketball Trip .................. Aug 16 - 20
Duke of Ed Bronze Trip ............ Aug 17 - 19

School Terms 2018
Term 3 ......................................... Jul 30 - Sept 28
Term 4 ........................................... Oct 15 - Dec 7
Term 1 2019 ................................. Jan 29 - Apr 12
Term 2 2019 ................................. Apr 29 - Jul 5

THE VIEW

Powerful, Purpose-driven Girls!
What messages are our girls hearing? The media gives girls a clear message that they need to be thin and beautiful. Girls are increasingly being sexualised and objectified in the media, on social media and in computer games. They are being told repeatedly that their value lies in their appearance.

Society tells girls that they can achieve anything a boy can achieve and they should compete for equal rights in all spaces. Women who achieve academic or career success are held up as shining examples. Girls are being told that to be of value they must be smart, driven and successful.

Parents often expect their daughters to be good girls, mature, compliant and peacemakers. There appears to be a level of understanding that boys will be rebellious and often need to learn from their mistakes but we expect our girls to be smart enough not to make those same mistakes. Our girls hear that they need to be good.

With all these voices telling our girls they need to be all things, is it any wonder that our girls are under ever-increasing pressure? Increasing rates of mental health difficulties, eating disorders, social difficulties, and bullying are all evidence of the pressure that our girls feel. To comply with perceived expectations, our girls often make compromises that allow others to treat them with disrespect. The messages they hear lead them to believe that they need to be submissive in order to meet the expectations of others.

We have an amazing opportunity to speak into the lives of our daughters and students. Our girls need to hear that they were created in the image of God. They need to hear that they are loved and valued for who they are, not for their looks, intelligence or achievements. They need us to support them in setting boundaries to ensure safety and wellbeing. They need us to treat them (and all women) with respect so that they can respect themselves and expect others to treat them with respect.

By listening deeply to our girls, valuing their emotions, and affirming their strengths we help to centre their sense of identity. As we intentionally communicate a wide range of attributes that we value, we help to build resilient, strong, God-filled young women who can powerfully impact their world.

What messages do your girls hear from you?

Deb Cooper
Head of Primary
School Photos
School photos were sent home with students last Friday.

Helpers Needed
Parents & Friends are needing some helpers for the BBQ at the Colour for Cambodia run on Sunday, August 26. Please contact George on 0409 826 905 if you are able to help.

Early Collection Of Students From School
Just a reminder, if you need to collect your child from school before the end of the day, please sign them out at the Office before going to the classroom. It is also advisable to allow extra time to locate them, as students are often learning in areas other than their classrooms.

Colour for Cambodia
Fun Run
All forms and money need to be dropped into the Primary Office by the end of school Monday, August 13. Also, please remember to include the completed permission form that can be downloaded at www.avondaleschool.nsw.edu.au/colourforcambodia

SPORT
Term 3 Sport Uniform
Years K-2 – wear their sport uniform on Mondays and Wednesdays.
Years 3-6 – wear their sport uniform on Tuesdays and Fridays.

Lakes Grammar Interschool Equestrian Day
On Monday Avondale School had a team of 8 riders represent us at the Interschool Equestrian Competition at Morisset Showgrounds. Students presented their horses very well and showed a high level of ability. Students competed in the following classes - Hack, Rider, Pleasure, Best Presented. The afternoon events of sporting included Bending, Keyhole, Trotting Race and Clover Leaf. A huge thanks to all students, parents and helpers who assisted on the day to ensure we had a well represented school at the event. Many hours of preparation went into the event.

CLASS
ICAS Science Medals
Congratulations to the following students who received medals for the ICAS Science Competition:

High Distinction
Rhys M

Distinction:

Credits

Cardboard Cylinders
Mr Neuschulz is needing round tubes from the centre of cling wrap, aluminium foil or baking paper for use in making Year 6 rockets and other STEM designs. All donations can be given to Mr Neuschulz or dropped at the Primary School Office.

ICAS Science Medals

Rhys M

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BOOK BY 17 AUG
COLOUR FOR CAMBODIA
26 AUGUST 2018 $20 PER PERSON

Avondale School

Avondale School Newsletter
CLASS
Stage 5 Science Students Engage In Stem Activities
28 of our Year 9 and 10 students spent Thursday, August 2 at Newcastle University devising solutions to problems using their Science, Technology and Mathematics skills as part of the annual Science and Engineering Challenge. This year a total of 48 schools from the Newcastle region were involved over 6 days competing for the opportunity to progress to the next round of competition with the ultimate goal being national, and international, representation. Our future scientists and engineers were building bridges, earthquake proof towers, bionic hands and communicating with only pulses of coloured light. Working in groups of three or four, our students were given the opportunity to showcase their 21st Century skills such as Critical Thinking and Problem Solving, Creativity and Innovation, Communication and Collaboration. As they worked together to understand the design brief, the constraints and opportunities, they demonstrated their familiarity with the design process that is embedded in Science and Technology at Avondale School. The success experienced by students in the morning session was evident at lunchtime as they swapped stories and encouraged each other for the afternoon session. It was a day filled with many memorable moments which culminated with the testing of each school’s bridge in front of all participants. Avondale School’s bridge was equal strongest on the day enabling the rescue of all the ‘gold’ ingots! Another notable result was both of our water powered turbine teams winning their individual rounds. Our students’ persistence and creativity was excellent and while our team didn’t come out on top for the day they did learn some valuable lessons.

ICAS Maths Competition
On Tuesday, August 14, the following groups of Secondary Mathematics students will sit the ICAS Mathematics Competition: all Year 7 and 8 students; Year 9 Mathematics 5.2 & 5.3 students; Year 10 Mathematics 5.1 Extension, 5.2 and 5.3 students, and Year 11 2 Unit Mathematics students. Students should bring a lead pencil, an eraser, a ruler and a calculator. (That said, Year 7 students are not allowed to use a calculator in the competition.) All students are encouraged to do their best and enjoy this challenge!!

SPORT
HRIS Athletics
Monday first day back for Term 3 was always going to be difficult to get a whole team together for the HRIS Athletics Carnival, but we did well with the 78 students who came and competed. Avondale School ended up a close 4th in our Division. Liam B broke the HRIS high jump record, winning his Age Champion medal and Antwon M won most of his events. A big thank you to the parents who came to cheer and support. The official AICES team has been released and students will be notified as soon as possible.
LIBRARY

Book Week is Coming!
August 20 - 24 is Book Week and it’s coming soon! This year the theme for our special week is ‘Find Your Treasure’. Don’t forget to enter the fun competitions in the Primary and Secondary School and find out how you can provide books for others to treasure.

K-6 Book Week Competition
- If you’d like to enter the competition this year all you need to do is attach a photo of yourself reading a book that you treasure on a competition entry form.
- You then write down the title of the book and a sentence or two saying why you treasure the book. It’s VERY EASY!
- You can pick up a competition entry form from the library or download one from the iCentre Landscape page.
- Completed entry forms must be back to the library by Friday morning, August 17 and they will be displayed in the library during Book Week.
- There will be book prizes for selected entries from each Year Level.
- We’ll look forward to seeing what books you treasure!

Please note that this is NOT the year for our Book Character Parade so no dressing up will be required until 2019!

Years 7-12 Book Week Competitions
Secondary students can join in the Book Week festivities in two ways - join in our Book Face Competition and enter teams into our Book Trivia Competition - Quizzical. Watch out for more information on how to get involved and win prizes!

Books for Cambodia
As part of Book Week this year we’d love you to donate new or good secondhand books for a village school in Cambodia that needs library books. The students at the school have readers that we have previously supplied but don’t have much in the way of library books. During Book Week we’ll have a ‘treasure chest’ in the library where students can put these donated books so please start planning what you are able to contribute. See the iCentre Landscape page for more information. Watch this space!

K-9 PRC
Please remember that all completed PRC reading record sheets need to be returned to the library by Friday, August 31. Enjoy your reading.

Book Club
Scholastic Book Club is such an affordable way to get our students excited about reading. Check out the latest catalogue (sent home last week) and remember that Book Club orders are due in at school by this Friday and online orders can be submitted up to Sunday night, August 12.

Private Music Tutors
Are you interested in having music lessons? We have many great tutors and instruments available to learn on. Please contact tutors directly to arrange lesson times.

Piano
Kylie Stacey (Simply Music, AMEB, traditional) / 0409 939 302
Angela Miller (Simply Music) / 0421 464 797
Cybèle Coutet (AMEB) / 0423 455 977
Jan Hughes / 4977 2037
Henry Higgins / 0490 0404 308

Voice
Cybèle Coutet (AMEB) / 0423 455 977

Strings
Henry Higgins (cello) / 0490 040 308
Esther Albert (cello / violin / double bass) / 0439 420 661

Woodwinds
Emma Jones (flute) / 0432 925 199
Fred Cracknell (saxophone / clarinet) / 0404 082 151

Brass
Fred Cracknell / 0404 082 151
Anna Howard (trumpet) / 0430 106 953

Guitar
Jake Bisognin / 0400 389 612
Toby Zeuschner / 0405 405 131
Henry Higgins / 0490 040 308
Garry Lawler (group lessons / ukulele) / 0438 608 180

Drums
James Dennett / 0401 549 084