Primary Calendar - Term 1
Y3-6 Swimming Carnival..........................Feb 19
Kindy Rest Day............................................Feb 20
HRIS Swimming........................................Mar 6
Super Week of Mega Praise.............Mar 11 - 15
Run Around Australia Starts............Mar 18
Primary Parent Teacher Night............Mar 19
CIS Swimming Carnival..........................Mar 20
Y2 Hunter Wetlands Excursion............Apr 3
Chess Competition....................................Apr 5
Daylight Savings Ends.............................Apr 7

Secondary Calendar - Term 1
Week of Worship.................................Feb 18 - 22
Y10 - 12 Music Excursion......................Feb 18
Y12 VET Work Placement....................Feb 25 - Mar 1
Y9 Food Tech Excursion.........................Feb 27
HRIS Hockey........................................Mar 6
Y10 Business Week..............................Mar 11 - 15
HRIS Junior Football Trial Opens.........Mar 12
Y11 & 12 Visual Arts Excursion..............Mar 13
Y11 Construction Incursion.............March 14 & 15
HRIS Swimming......................................Mar 14

School Terms 2019
Term 1.......................................................Jan 29 - Apr 12
Term 2......................................................May 6 - Jul 5
Term 3......................................................Jul 22 - Sep 27
Term 4......................................................Oct 14 - Dec 6

THE VIEW
Nothing stirs up an adult quite as quickly as a disrespectful child or teenager. A child who answers back, is rude or openly defiant, intolerant or who ignores a simple request. Respect is defined as a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements. That is the kind of respect that is earned. Respect can also be defined as consideration for the feelings, wishes, or rights of others. This is the kind of respect that we want to develop in our students.

The underlying principle of respect is that each person has value. As Christians we believe that we have value because we were created in God’s image; a masterpiece of the God of the Universe. We believe God calls us His Children and that He died to save us. That gives each of us incredible value.

Based on the belief that each person is of value, respect dictates that we treat people with dignity and kindness, regardless of their character traits, how we feel about them or their behaviour or performance.

Here are some things that you can do to help your child develop a respectful outlook, resulting in respectful behaviour towards others:
1. Walk the walk. We teach the most through modelling. We teach respect by giving it to our children and expecting it in return. If your child replicated your behaviour in the playground or classroom, would it be respectful?
2. Cultivate an inclusive attitude that looks for the good in others. It’s easy to focus on the negatives but when our children hear us being critical, it’s hard for them to see others as valuable and worthy of respect. Practise affirming others and pointing out positives in front of your child. This builds a child’s capacity to see others as worthy of respect.
3. Handle discipline and conflict discretely. When we embarrass our children by correcting them publicly in a way that causes humiliation, we are modelling disrespect. A child who feels inferior and unworthy finds it difficult to show respect.
4. Expect Manners ALWAYS. Good manners are an easy way of showing respect. The act of using manners takes a child from an egocentric perspective to an acknowledgement that their lives impact the lives of others. The very self-focused outlook of “I need a band-aid NOW!” could become, “Excuse me, could I please have a band-aid.”
5. Ensure children take responsibility for their actions. When children are ‘let off the hook’ they logically assume that they are somehow more special than everyone else. Expecting kids to clean up their own mess, act with independence and make things right when they have hurt someone reinforces the concept of respect.

“People will forget what you said, people will forget what you did, but people will never forget how you made them feel.” – Maya Angelou

Deb Cooper
Head of Primary
SPORT

Y3-6 Swimming Carnival
Tuesday, February 19
The Years 3-6 Swimming Carnival will be held next Tuesday, February 19 at Morisset Pool from 9.30am. Year 2 students who returned their permission notes will also be in attendance. A program and information sheet is available on Landscape and an email has been sent. Parents are reminded to bring their own seating as the facility has very limited seating. There is a $2.50 fee for all spectators.

Primary Swimming Club
Please note Swimming Club will NOT run on Tuesday, February 19 due to the carnival.

After School Primary Hoops
A new Basketball Competition, organised and run by parents, for students aged 10–12 years, will be run on Tuesdays from 3.30 - 4.30pm in the MPC. This is for any students who are keen to learn the game and enjoy playing with friends. A term fee of $32 will be charged to help provide coaching and referees each week. Numbers are limited, so it is important to turn up next Tuesday when teams will be made up. Please go to the Facebook page - After School Primary Hoops - for more information. A registration form can be completed at the first session.

Chess Club
If students would like to improve their chess ability then try our Chess Club at 8.15am on Tuesdays in the iCentre commencing Tuesday, February 19. Our School Chess Competition, from which our School’s Junior and Senior Teams will be selected, will be on Friday, April 5.

GENERAL

Classroom Helpers
Please note that all volunteer helpers need to sign in and out of campus at the Primary Office and wear a Visitor Badge. Thank you for noting this.

Medication Forms
Should your child require medication to be dispensed at School this year, you must complete a Medication Authority Form for 2019. These are available from the Office. All medication must be in the original container prescribed for your child and clearly labelled.

Before School Supervision
For your convenience we have a teacher on duty from 8.00am each day. To ensure your child’s safety, no students are permitted to be left unsupervised on campus before 8.00am. Thank you for noting this.

Play Equipment Out of Bounds After School
Just a reminder that the play equipment is ‘out of bounds’ at the end of school to all students and their siblings. Thank you for helping keep our children safe.
CLASS

Year 7 Sleep-over/Outdoor Challenge Day
Last week Year 7 students slept over at school on Thursday night, playing games into the evening and finishing with a movie. Students woke in the morning to embark on a day of fun with activities at Avondale College that included kayaking, mountain biking, rock climbing, and games and initiatives. It was a great opportunity for students to get to know each other just a little better.

SPORT

Swimming Carnival
We had six coach loads of students who headed to the Swimming Carnival on Monday. We had hoards of screaming students cheering for their Houses, with balloons and banners decorating each House area. The newly elected House Captains played an important role in motivating and organising swimmers for each race. Watagan won the best dress up competition, well done! Here is the overall points tally:

Pacific    2072
Watagan    1917
Hunter     1889
Macquarie  1747

Congratulations to Rhiannon D (Year 9) who broke three records all set in 1997 by Ayeshah Khan, and Jason L (Year 7) who broke one from 2014. Excellent work!

Students who came in 1st or 2nd place will be selected to swim in the upcoming HRIS Swimming Carnival to be held at Lampton Pool on March 14. A list of students who will be selected to go will be posted on the sports notice board on Monday morning. They will be encouraged to attend swimming training at the College pool on Tuesday and Thursday mornings at 6.30am, followed by breakfast at school. Age Champion trophies will be given out on February 25 in Chapel.

A big thank you to the parents, staff and students who came along and enjoyed the day.

The pool staff once again congratulated our School for their enthusiasm and good behavior.
Private Music Tutors
Are you interested in having music lessons? We have many great tutors and instruments available to learn on. Please contact tutors directly to arrange lesson times.

Piano
Kylie Stacey (Simply Music, AMEB, traditional) / 0409 939 302
Cybèle Coutet (AMEB) / 0423 455 977
Jan Hughes / 4977 2037
Henry Higgins / 0490 040 308
Sophie-Lee Johnson / 0490 451 781

Voice
Cybèle Coutet (AMEB) / 0423 455 977

Strings
Henry Higgins (cello) / 0490 040 308
Esther Albert (cello / violin / double bass) / 0439 420 661

Woodwinds
Meldi Arkinstall (flute) / 0413 548 985
Fred Cracknell (saxophone / clarinet) / 0404 082 151

Brass
Fred Cracknell / 0404 082 151

Guitar
Jake Bisognin / 0400 389 612
Toby Zeuschner / 0405 405 131
Henry Higgins / 0490 040 308
Gary Lowler (group lessons / ukulele) / 0438 608 180

Drums
James Dennett / 0401 549 084

Enrolment Forms
We are still waiting on a number of Enrolment Forms to be handed in. These were sent to all families via post at the beginning of the year. Please return these ASAP. If you need a reprint, please see Heather/Tracey in the Admin Office. Thank you.

Canteen Reminder
Just a reminder that the school canteen OPENED this week - if you would like to use Munch Monitor, our online ordering system, you need to update your child/ren’s year before you can order. To do this log onto Munch Monitor, then click on My Account and update student profile with their class/year. You only have to do this once a year! Thanks for noting this.

LIBRARY
iCentre Landscape Page
Have you visited the iCentre Landscape page yet? You can find out what’s currently happening in the library through news items and photos, and upcoming library events are also highlighted. There are links to search the library catalogue and use World Book Online. From the main library page you are also able to visit the K-6 and 7-12 library Landscape pages and gain more specific information about those areas of the library. https://landscape.avondaleschool.nsw.edu.au/homepage/1762

KidsLitQuiz
On March 27 Avondale School will be hosting the Newcastle area heat of KidsLitQuiz. KidsLitQuiz is an international literature-based competition for students in Years 5-8. Students represent their school in teams of 4 and compete against other schools from the region. The winner of the Newcastle area heat will then attend the National Competition in Sydney for a chance to compete in the International final overseas. Students have been signing up enthusiastically to compete for a spot on the team. We have some great readers at Avondale School and look forward to some lively competition as we work out who will be on our teams!

Parent Library
Have you seen our Parent Library? As well as borrowing books on parenting and other related topics, parents can borrow readers, non-fiction and picture books too. You are also most welcome to find a quiet place in the library to sit down and read with your child. If you haven’t joined the Parent Library yet and would like to, just visit the library and sign up at the circulation desk. You can also download a signup sheet from the iCentre Landscape page. It’s quick and easy, and we’d love to see you.

K-6 Scholastic Book Club
Don’t forget that if you are ordering from Scholastic Book Club the online deadline is TODAY.

We value ... RESPECT