Primary Calendar - Term 2
P&F Meeting 7.00pm ......................................Jun 20
HRIS Public Speaking ................................ Jun 22
K-6 Parent Teacher Night ......................... Jun 25
Y3&4 Athletics Day ........................................ Jun 26
Y5&6 Athletics Day ......................................... Jun 27
Get Active Concludes for Term 2 .......... Jun 28
Kindy Grandparents Day ......................... Jun 29
Y2 Athletics Day ................................................. Jun 29
Y5 Taronga Zoo Excursion (new date). Jul 3
Last Day of Term 2 ................................................. Jul 6

Secondary Calendar - Term 2
HRIS Junior Soccer ............................................ Jun 19
P&F Meeting 7.00pm ...................................... Jun 20
Y9&10 Drama Excursion ............................... Jun 21
Y11 VET Work Placement ................... Jun 25 - 29
Y7-11 Parent Teacher Nights ......... Jun 25 & 26
HRIS Basketball Opens ................................. Jun 26
Y12 Geography Excursion ................ Jun 26
Y10 English Excursion ................................ Jun 28
Band & Choir Concert .............................. Jun 30
Music Tour ......................................................... Jul 4 - 9

School Terms 2018
Term 2 ........................................................ Apr 30 - Jul 6
Term 3 ........................................................ Jul 30 - Sept 28
Term 4 ........................................................ Oct 15 - Dec 7
Term 1 2019 ................................................ Jan 29 - Apr 12

THE VIEW

What If We Asked More Questions?
Since I became a parent, I have found myself feeling nostalgic and reflective about my childhood through a different lens. I’ve noticed that my parents asked me a lot of questions as I grew up. This probably contributed to my choice of career where I spend a big portion of my week asking questions. Specifically, I endeavor to ask as many open questions as possible. Open questions can take a conversation many places, closed questions can tend to shut the possibilities of a conversation down.

I could ask more questions though. What would it look like if we all asked more questions? Here are a couple of ideas:

Think about what it is like when someone asks you a question about who you are. What are you passionate about? What are you passionate about? What is your favourite music and why?

My experience of that is, “Wow, there is another human being that finds me interesting enough to ask me more about me”. I can feel valued and interesting when someone asks me a question. In a parenting context, we can let our kids know that they are valuable, interesting and worth knowing about by asking them questions.

My counselling supervisor asks me questions regularly that I don’t know how to answer straight away. I can learn about myself when someone asks me a question. What are the implications of this in regards to how we relate to our kids? When we ask our kids questions, they can understand themselves more.

If I ask questions and I am truly open to listening, I can learn so much about others. There is an infinite amount of learning we can do with our kids because they are always evolving, progressing and changing (and we are too!). I have heard through the years a reoccurring theme from different students, “my parents still treat me the way that I used to be”. How can we be intentional about understanding how our kids change? I rang my Dad as I was preparing this column and he shared some wisdom with me. “Children change quickly, so parents have to change quickly too – we can try to rein them in or we can EXPLORE different avenues and FREE them.” Can asking our kids questions contribute to strengthening our relationship with them? What is the cost of not staying updated to the latest changes in our kids?

Hearing someone else’s perspective helps shape my own. I find myself regularly learning about myself from hearing others. What can we learn from our kids?

This is a small intersection of a large conversation. What are some other benefits of asking questions? What would it be like to experiment with asking more questions?

Jarel Kilgour
School Counsellor
Change Of Dates
Please make the following changes on your School Calendar:
K-6 Parent Teacher Night – Mon, June 25.
Kindy Grandparents Day – Fri, June 29.
Y5 Taronga Zoo Excursion – Tues, July 3.

K-6 School Reports
School reports will be emailed to parents next week.

K-6 Parent Teacher Interviews
Monday, June 25
Primary Parent Teacher Interviews will be held in the iCentre on Monday, June 25 from 3:30 pm until 8:00 pm. An email will be sent to you with a link to make appointments. Bookings can be made online at www.schoolinterviews.com.au The Primary School booking code is nym6k. We look forward to seeing you there.

CLASS
Year 5 Taronga Zoo Excursion
Change of Date now Tuesday, July 3
Due to work being carried out at Taronga Zoo, the Year 5 excursion has been re-scheduled to Tuesday, July 3.

GENERAL
Learning Support – Parent Teacher Interview Bookings
If your child attends Learning Support and you would like Karen Price to attend your Parent Teacher Interview, please phone the Primary Office on 4977 0215 after completing your online booking.

Building Resilience in Children
On Tuesday, June 19 at 6.00pm, CALM Family Support are offering a FREE workshop for parents and caregivers wanting to help their children build resilience. The workshop will take place at the Early Learning Centre and will cover topics like: What is resilience?; What factors help or hinder resilience building?; and Practical tips on increasing resilience. This is suitable for ages 3-8 years. For more information, contact Avondale Early Learning Centre on 4959 5647. To register, contact CALM Family Support on 4950 3855.

SPORT
Chess Teams
Avondale School’s Chess Teams currently lead all levels of chess in their zones.

KNIGHTS & ROOKIES
The Knights and Rookies teams played their first 5 rounds of chess in the Newcastle Junior Chess League Competition last week in the MPC. The Knights (B) team (Ethan G, Hayden I, Samantha L and Jake B) now lead the competition on 10.5 points over Cooranbong Primary School (A) and Heritage College (A) on 9.5 points. The Rookies (C) team now leads the competition on 14.5 points over Avondale School Rookies (D) team on 9.0 points ahead of Cooranbong Primary School and Charlton Christian College.

KINGS
The Kings team played their first 5 rounds of chess this week against Newcastle Grammar School, New Lambton Public School, New Lambton South Public School, Belair Public School and Woratah Public School. Avondale School now leads the competition on 16½ points ahead of Newcastle Grammar School on 16 points, and New Lambton South Public School on 13 points. Rounds 6 to 10 will be played in Term 3.

Congratulations to each of our players: Board 1 - Kylan M (4/5), Board 2 - Ryan M (4/5), Board 3 - Rose J (5/5), Board 4 - Jeremiah S (3.5/5).

Learn To Play Chess
Students interested in playing chess are invited to attend the iCentre on Thursday mornings from 8.15am – 8.35am. Students will play social games during this time. At 8.35am basic chess tactics will be discussed. All students are welcome.
SPORT

CIS Cross Country
Congratulations to Ethan M on his great run at CIS Cross Country coming in 8th, running 4km in a time of 14:16. He has qualified for the NSW All Schools Cross Country.

ACT All Schools Mountain Bike Race
The ACT All Schools Mountain Bike Race is on at the end of August so start getting your teams together and doing some training.

ATHLETICS

Age Champions
Due to special guests from Central Coast Adventist School taking our Chapel on Monday we have postponed the presentations of the Age Champions till the following week, Monday, June 25. The HRIS Athletics team has been posted up in the MPC window.

Sport Calendar
HRIS U15’s Soccer is on June 19 (if the rain holds off).
HRIS Opens Basketball is on June 26.
HRIS Athletics is on the FIRST day back next term, July 30.

BAPTISM

‘Shrey has decided to follow Jesus’

JUNE 16 - 2:30pm
Shingle Splitters

STEP UP

3.30 - 4.30 PM THURSDAYS
in the iCentre

A chance to:
» do independent study
» complete your homework
» get some help with writing (just sorting that essay out!)
» get some help with maths (even that tricky homework question!)
» get some guidance on that assessment task you need to start!
**LIBRARY**

**Parent Library DVD Titles**
We have a range of spiritual and parenting DVD titles available in our Parent Library. Feel free to drop into the iCentre anytime and have a look at our range. Two popular titles are Lee Strobel’s *The Case for Christ* and *The Case for Faith*. Lee Strobel, the former legal editor for The Chicago Tribune, was an atheist when his wife converted to Christianity and he set out to show her the error of her ways. However his research actually convinced him of the existence of God and the ministry of Christ and he ended up becoming a minister himself. You can borrow these DVD’s and see how he arrived at these conclusions.

**Learn to Cook**
Is your child interested in learning to cook? We have a great range of cookbooks available in the library for all levels of ability and experience. Would you like to cook Indian or Asian food or do you need to cater for some food intolerances? We have these cookbooks and many more that can help you.

**Premier’s Reading Challenge Problems?**
We have lots of students participating in the PRC but the website is a little tricky to use so if you are finding it problematic, please just send the completed form to school and our lovely iCentre staff will look after it for you.

**Private Music Tutors**
*Are you interested in having music lessons?* We have many great tutors and instruments available to learn on. Please contact tutors directly to arrange lesson times.

**Piano**
- Kylie Stacey (Simply Music, AMEB, traditional) / 0409 939 302
- Angela Miller (Simply Music) / 0421 464 797
- Cybèle Coutet (AMEB) / 0423 455 977
- Jan Hughes / 4977 2037
- Henry Higgins / 0490 0404 308

**Voice**
- Cybèle Coutet (AMEB) / 0423 455 977

**Strings**
- Henry Higgins (cello) / 0490 040 308
- Esther Albert (cello / violin / double bass) / 0439 420 661

**Woodwinds**
- Emma Jones (flute) / 0432 925 199
- Fred Cracknell (saxophone / clarinet) / 0404 082 151

**Brass**
- Fred Cracknell / 0404 082 151
- Anna Howard (trumpet) / 0430 106 953

**Guitar**
- Jake Bisognin / 0400 389 612
- Toby Zeuschner / 0405 405 131
- Henry Higgins / 0490 0404 308
- Garry Lawler (group lessons / ukulele) / 0438 608 180

**Drums**
- James Dennett / 0401 549 084

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**ALL SCHOOL**

**Helpers Needed**
for food prep, serving and clean-up for the teachers’ dinner at Parent Teacher Interviews

- Monday 25 June, 12-2pm (prep)
- Monday 25 June, 5-7pm (serve & clean up)
- Tuesday 26 June, 5-7pm (serve & clean up)

Contact George on 0409 826 905

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**P&F Meeting**

**Change of Date**

**Wednesday, 20 June, 7pm, Admin Building**

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**DINOSAURS**
Where are they now?
Come on an epic adventure and discover the Dinosaurs of the Bible!

**JUNE 23 - 4:00PM**

GET YOUR TICKETS NOW $10 (LIMITED NUMBER)
BUY FROM AVANDALE SCHOOL ADMIN BUILDING - 49770200

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**Optimism**

We value ...

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