Primary Calendar - Term 1
HRIS Swimming ....................................................Mar 6
Super Week of Mega Praise.........................Mar 11 - 15
Run Around Australia Starts .....................Mar 18
Parent Teacher Night .............................Mar 19
CIS Swimming ..................................................Mar 20
Y2 Hunter Wetlands Excursion .................Apr 3
Chess Competition ............................................Apr 5
Daylight Savings Ends ................................Apr 7
Primary Cross Country .........................Apr 8
Y5 Camp .......................................................Apr 10 - 12

Secondary Calendar - Term 1
Y12 VET Work Placement ..................Feb 25 - Mar 1
Y9 Food Tech Excursion ......................Feb 27
HRIS Hockey ..................................................Mar 6
Y10 Business Week ..................Mar 11 - 15
HRIS Junior Football Trial Opens ......Mar 12
Y11 & 12 Visual Arts Excursion..........Mar 15
Y11 Construction Incursion ..........March 14 & 15
HRIS Swimming ..........................................Mar 14
Parent Teacher Nights ...........Mar 18-19
Y7 & 10 Vaccination Day Dose 1 ..........Mar 26

School Terms 2019
Term 1 .............................................Jan 29 - Apr 12
Term 2 ..........................................May 6 - Jul 5
Term 3 ...........................................Jul 22 - Sep 27
Term 4 .............................................Oct 14 - Dec 6

THE VIEW

Choices, Chances and Change
"Why don’t you throw your hat in the ring and see what God wants to do with it…" Those words kept ringing in my ear on October 24, 2018!

It was the advice given to me by a very wise man… my father! This counsel was in regards to a job I had not even considered applying for. However, there was wisdom in his words to let go and let God take control. So, I metaphorically ‘threw my hat in the ring’ that night and was asked to come for an interview the next day.

There was such alignment and synergy in the interview, that when I was offered the job the following morning, it was such a God thing (on so many levels) that there was no question in what my answer would be. A huge change for my family and I after being at the same place for 19 years… a new beginning!

New beginnings can be very exciting, maybe a little nerve wracking and stressful, but they always have that element of anticipation, mixed with the unknown, along with the potential to be fabulous! Many people feel fear or anxiety at the thought of change. However, if we put it into perspective, “Change can be scary but you know what’s scarier? Allowing fear to stop you from growing, evolving, and progressing.” - Mary Hale

We must make a choice to take a chance if you want things to change!

If you feel you have something holding you, your family or your child back, remember to, “Let go of yesterday. Let today be a new beginning and always try to be the best that you can so you’ll get to where God wants you to be.” - Joel Osteen

• How do you feel when you face new beginnings?
• Do you let the fear of change stop you from positively moving forward?
• What are some strategies to help you positively deal with new beginnings?

If new beginnings and change brings anxiety and stress in your life, then please lean on the promise found in my all-time favourite Bible text:

1 Peter 5:7 Leave all your worries with HIM, because He cares for YOU!

So if you have a choice to make, I suggest you “Throw your hat in the ring and see what God wants to do with it.”

Hayley Ferris
Head of Secondary

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Head of Secondary
SPORT
Swimming Carnival
Almost 300 enthusiastic students from Years 2-6 competed in the Swimming Carnival held at Morisset Pool on Tuesday. It was an exciting day with House banners, coloured streamers, balloons, and screaming students and parents. A big thank you to all parents and friends who came to support. Our students loved to watch the relays at the end of the day with two staff teams, two parents teams and two student teams. Congratulations to the parent’s team who once again won the event by the smallest of margins.
Four records were broken on the day:
- 9 Year Boys 50m Breaststroke - Dylan J (58.65 sec)
- Junior Girls 50m Butterfly - Caitlin Cubis (43.41 sec)
- 11 Year Boys 50m Freestyle - Jayden Tawake (34.18 sec)
- Junior Boys Relay – Macquarie (3:07.24)
Congratulations to Macquarie House for their successful win at this year’s carnival with a massive 912 points, over 200 points ahead of 2nd place - Hunter.
The swimming presentation will be held at assembly on March 4, weather permitting.

HRIS Swimming Carnival
Wednesday, March 6
The HRIS Swimming Carnival will be held on Wednesday, March 9 at Lambton Pool. All students selected for HRIS Swimming Carnival are encouraged to attend Swimming Club on Tuesday and Thursday mornings for training.

After School Primary Hoops
A new Basketball Competition, organised and run by parents, for students aged 10–12 years. It is held in the MPC on Tuesday afternoons from 3.30 – 4.30pm. For more information, please go to the Facebook page ‘After School Primary Hoops’.

CLASS
Year 1 Team Building Day
GENERAL

Week of Worship
The Year 12 class took the Secondary School Week of Worship this past week. The theme for the week was Chosen. The daily themes were Chosen to Trust, Chosen to be Happy, Chosen for Love, Chosen to Overcome, and Chosen for Life!

Each day the Year 12 Band including Abigail B, Declan M, Ethan M, Marcus K, Kyjuan S, Samantha D, Kiera H, Olivia L, Lisa C and Rowan A led out in inspiring worship. An ongoing drama about the factitious boxer Riley the Riot, written by and starring Charé D W, ran throughout the week. Each day began with our hosts Henry H and Callum C leading in fun games and funny challenges.

The daily talks were given by Lisa D, Monique S, Callum C, Charé D W and Marcus K. Levi G added inspiring visuals and ran audio visual throughout the week, while Mr Andrew Taylor, PJ B and Kaelum B led out in sound, lights and staging.

Stephen H designed the logo which was used throughout the week on the t-shirts, as well as on the visuals. The art and decorating team consisting of Saphryn G, Bianca T, Zoe P, Janae G and Jocelyn G, made the stage beautiful and inspiring each day. A number of other Year 12’s helped out through scripture readings and prayers.

On Friday the week ended with a powerful prayer time. The speakers challenged the students to let go and trust Jesus, to step into His joy, experience His love, overcome hurts and struggles, and finally allow Him to give them life.

Next Monday our theme for Chapel will be Chosen to Worship ... so look forward to more from this amazing Year 12 class!

CLASS

Year 11 PDHPE Eat Healthy
Year 11 PDHPE students have been studying the Health of Young People in class. This week they sampled some healthy eating and learned about the importance and benefits of a healthy diet.

SPORT

HRIS Open Tennis
Curtis K, Tyson H, Dean K, and Jayden M went to HRIS Tennis on Tuesday to play in the teams event and had a great time. They ended up in 5th place after the pool games. A big thank you to Mrs Mulligan who took them on the day.

Junior tennis is coming up in Term 4 so team selections will start in Term 3.

HRIS Swimming
The team list is up on the Sport Office window and permission notes will come out next week. Age Champions and other awards will be presented on Monday morning, February 25 before Chapel.

STEP UP
3.30 - 4.30PM THURSDAYS in the iCentre
A chance to:
» do independent study
» complete your homework
» get some help with writing (just sorting that essay out!)
» get some help with maths (even that tricky homework question!)
» get some guidance on that assessment task you need to start!
ALL SCHOOL
Enrolment Forms
We are still waiting on a number of Enrolment Forms to be handed in. These were sent to all families via post at the beginning of the year. Please return these ASAP. If you need a reprint, please see Heather/Tracey in the Admin Office. Thank you.

LIBRARY

Years 5-8 KidsLitQuiz
Remember that KidsLitQuiz is coming to Avondale School and we are looking for well-read students in Years 5-8 to make up our teams. If your child is a keen reader in Years 5-8, please encourage them to put their name down and try out for the teams. The winner of the Newcastle heat that we host on March 27 will compete in the National Final in Sydney. The National Final winner will travel to Singapore to compete in the International Final. So reading doesn’t just take you to new places in your mind, it can do it in the real world too!

K-6 Scholastic Book Club
The orders have been finalised online and we expect your books to arrive at school and be sent home next week. It is great to see the look of excitement on a child’s face when their eagerly anticipated books arrive. If you missed ordering in Issue 1, there will be another catalogue out next term. Remember that helping your child to become a confident and fluent reader is the best way to set them up for future success.

K-9 Premier’s Reading Challenge (PRC)
Did you know that last year over 290,000 NSW school students, with some from Avondale School, signed up and read over 8,000,000 books for the PRC?! If you LOVE reading then you’ll be really excited that the PRC is about ready to start for this year! From Monday, March 4 you’ll be able to come to the library and sign up for the challenge. Check out the iCentre Landscape page for all the PRC information you need. http://landscape.avondaleschool.nsw.edu.au/homepage/1762

Private Music Tutors
Are you interested in having music lessons? We have many great tutors and instruments available to learn on. Please contact tutors directly to arrange lesson times.

Piano
Kylie Stacey (Simply Music, AMEB, traditional) / 0409 939 302
Cybèle Coutet (AMEB) / 0423 455 977
Jan Hughes / 4977 2037
Henry Higgins / 0490 040 308
Sophie-Lee Johnson / 0490 451 781

Voice
Cybèle Coutet (AMEB) / 0423 455 977

Strings
Henry Higgins (cello) / 0490 040 308
Esther Albert (cello / violin / double bass) / 0439 420 661

Woodwinds
Meldi Arkinstall (flute) / 0413 548 985
Fred Cracknell (saxophone / clarinet) / 0404 082 151

Brass
Fred Cracknell / 0404 082 151

Guitar
Jake Bisognin / 0400 389 612
Toby Zeutschner / 0405 405 131
Henry Higgins / 0490 040 308
Garry Lowler (group lessons / ukulele) / 0438 608 180

Drums
James Dennett / 0401 549 084

Open Day. What a bright idea. 5 March. 2-6pm.
Register at www.avondaleschool.nsw.edu.au/openday

We value ... Honesty