Primary Calendar - Term 2
Y1-6 800m & Avondale Gift Race............Jul 2
Y5 Taronga Zoo Excursion.......................Jul 3
Y3 Healthy Food Festival.......................Jul 4
Mufti Day........................................Jul 6
Last Day of Term 2..............................Jul 6
Staff PD Week.................................Jul 23 - 27
First Day of Term 3.............................Jul 30
ICAS English Competition....................Jul 31
HRIS Cultural Festival.........................Aug 1
Kindy College Cafeteria Excursion.........Aug 1

Secondary Calendar - Term 2
Band & Choir Concert 7pm MPC.............Jun 30
Mufti Day........................................Jul 3
Music Tour.....................................Jul 4 - 9
Last Day of Term 2..............................Jul 6
Staff PD Week.................................Jul 23 - 27
Y12 First Day of Term 3.......................Jul 26
First Day of Term 3............................Jul 30
HRIS Athletics Day............................Jul 30
Y12 Trial Exams...............................Jul 30 - Aug 10
Y9 & 10 2019 Subject Expos...............Jul 31

School Terms 2018
Term 2........................................Apr 30 - Jul 6
Term 3..........................................Jul 30 - Sept 28
Term 4..........................................Oct 15 - Dec 7
Term 1 2019.................................Jan 29 - Apr 12

THE VIEW

The Happiness Conundrum

Have you ever asked yourself the question, “What is happiness?”

I have spent a lot of time thinking about this question over the years. I’ve also had many discussions with friends and family as to what really makes us happy.

One thing I have observed is that many people view happiness as something connected to the future. They will say things like, “I’ll be happy when I get that house or that job or... I’ll be happy when I’m on holidays or relaxing on the weekend”.

It’s true, weekends, jobs and holidays can certainly add to our happiness bucket, but should happiness have such a short life span?

We often short-change ourselves by simply connecting happiness with things or events. Happiness is very much an attitude of the heart. It is something we can have each day, even in the mundane.

As a teacher I have enjoyed many times just talking with students and living the moment with them as they grow and develop. I love to hear about their hopes and dreams, their challenges and all the things that create the great tapestry of life.

The great Abraham Lincoln once said, “Folks are usually about as happy as they make their minds up to be”. Make up your mind to be happy now!

Bill Ward
PDHPE Teacher
K-6 Mufti Day For Restore One Library
Friday, July 6
We are working to help the Restore One School in Cambodia set up a library. During Term 3 we will be asking for donations of new and good quality second-hand books. Our Mufti Day on Friday will provide money for contact and plastic to cover the donated books.

Our Year 12 students will be taking the books to Cambodia when they do their service trip in November. Support this project by sending a gold coin donation with students on Friday. Just a reminder, students need to wear closed-in shoes. No wheely shoes, singlet tops, mid-drift tops, short shorts, make-up, jewellery (other than school regulation earrings) are to be worn by students. Thank you for ensuring your child/children are dressed appropriately.

CLASS
Year 5 Taronga Zoo Excursion
Change of Date now Tuesday, July 3
Due to work being carried out at Taronga Zoo, the Year 5 excursion has been re-scheduled to Tuesday, July 3.

Year 3 Healthy Food Festival
Wednesday, July 4
Next Wednesday all students and parents are invited to attend the Year 3 Healthy Food Festival at lunchtime from 11.00am until 11.45am at the netball courts. Our Year 3 budding chefs and entrepreneurs will be selling scrumptious vegetarian meals with prices ranging from $1.50 - $4.00. Year 3 students look forward to serving students and parents with a healthy appetite on Wednesday!

MUSIC
Primary Choir, Band And Handbell Choir
No Rehearsals Next Week
Please note that the Primary Choir, Band and Handbell Choir rehearsals will not be held next week as Mrs Howard will be on the Secondary Music Tour. Thank you for noting this.

SPORT
Lakes Grammar Interschool Equestrian Events
Monday, August 6
The Lakes Grammar Equestrian events will be held on August 6 at Morisset Showground. Last year Avondale School placed 5th out of 35 schools with 7 students. If you would like information about this event please see Mr Head. All paperwork must be completed and returned to Mr Head by next Wednesday, July 4, as entries close over the holiday period.

Year 1-6 800m Running Events and Avondale School 100m Gift Race
Monday, July 2
The 800m running events for students in Years 1-6, and the Avondale School 100m Gift Race for those qualifying students, will be held this coming Monday, July 2, weather permitting. All students need to wear their sports uniform on this day. Events will run at the following times:

10.40 - 11.00am Year 3
11.00am (lunchtime) Avondale School Gift (qualifying students) 100m
11.45am - 12.05pm Year 4
12.05 - 12.25pm Year 5
12.25 - 12.45pm Year 6
2.25 - 3.05pm Years 1 & 2
SPORT

HRIS Opens Basketball
It was a freezing morning on Tuesday and the 'Giant Esky' that's called Broadmeadow Basketball Stadium was just as cold. Things quickly heated up with the Avondale School boys' team winning their first game. They then had two very close games which they lost by one or two baskets.
The girls had a hard game to start with against Central Coast Adventist School. Both teams are in a rebuilding phase with a large portion of the teams playing at HRIS for the first time.
A big thank you to the parents who came to cheer and support the teams. The time that Mr Matthew Gibbons and Miss Karlie Fraser as coaches have put into the teams has been awesome.
The girls came 5th out of the 8 teams playing and the boys came 7th out of 16.
We are looking forward to the junior competition coming up on August 15.

Lakes Grammar Interschool Equestrian Day
We would like to enter an Avondale School team into the Lakes Grammar Interschool Equestrian Day on Monday, August 6 at Morisset Showground. If you are interested please go to http://www.lakes.nsw.edu.au/lakes-grammar-interschool-equestrian and read the information, print out the application form and hand it in along with $30 to Mrs Nevell by Wednesday, July 4.
As a school we did very well in this event last year and we would like to improve on our overall ranking this year.

SECONDARY

Secondary Mufti Day
Tuesday, July 3
Bring $5 to help raise funds for a school to be built near the Rubbish Tip in Papua New Guinea!
School rules regarding mufti clothing must be adhered to:
• Non uniform days such as mufti days does not negate school rules about jewellery.
• Clothing must be modest, appropriate fit and suitable for the occasion. String and singlet tops should not be worn. Tops and bottoms must meet.
• Clothing must not have any objectionable writing or pictures.
• Closed-in shoes must be worn.
• Clothing must reach the kneecap or lower thigh. Short skirts, short dresses or short shorts are not to be worn.

GENERAL

YEAR 12 HSC MUSIC STUDENTS LIVE
AT LIZOTTE’S!
Tuesday
28 August at 7pm*
Cost $15 per person
Purchase own dinner & drinks on the night
Book online to support our students

BAND AND CHOIR CONCERT
SATURDAY | 30 JUNE | 7PM
Avondale School Multi-Purpose Centre
$30 Family / $10 Adult / $5 Student
Refreshments @ Interval (including Barista Coffee)
- bring some change!
Private Music Tutors
Are you interested in having music lessons? We have many great tutors and instruments available to learn on. Please contact tutors directly to arrange lesson times.

Piano
Kylie Stacey (Simply Music, AMEB, traditional) / 0409 939 302
Angela Miller (Simply Music) / 0421 464 797
Cybèle Coutet (AMEB) / 0423 455 977
Jan Hughes / 4977 2037
Henry Higgins / 0490 0404 308

Voice
Cybèle Coutet (AMEB) / 0423 455 977

Strings
Henry Higgins (cello) / 0490 040 308
Esther Albert (cello / violin / double bass) / 0439 420 661

Woodwinds
Emma Jones (flute) / 0432 925 199
Fred Cracknell (saxophone / clarinet) / 0404 082 151

Brass
Fred Cracknell / 0404 082 151
Anna Howard (trumpet) / 0430 106 953

Guitar
Jake Bisognin / 0400 389 612
Toby Zeuschner / 0405 405 131
Henry Higgins / 0490 0404 308
Garry Lawler (group lessons / ukulele) / 0438 608 180

Drums
James Dennett / 0401 549 084

Return K-6 Library Books
Can you believe Term 2 is nearly finished and it’s time to return your library books? Please make it a priority to have your books back to the library by the end of this term. If you have lost your library book please visit the library to check on the cost of replacing it.

Holiday Borrowing
Students and parents, you are very welcome to borrow library books for the holiday period. Please return any library books you still have out before selecting your holiday reading, remembering that the usual Year Level borrowing limits still apply.

K-6 Term 2 Library Prizes
Congratulations to the 222 students from Kindy to Year 6 who have borrowed and read library books EVERY week this term. What an amazing effort! Students will choose their prizes during library classes next week.

Parent Library
Reading Magic with Mem Fox
We all know of the benefits of reading to children. Reading aloud to them is fun and beneficial for both parents and children. Mem Fox, an iconic Australian picture book author, will guide you through these benefits of reading aloud to children in this informative DVD. Why not try some of her tips during the school holidays and enjoy quality time with your children.

We value ... Prayerfulness