THE VIEW

Changes
I have noticed that sometimes the terms ‘grief’ and ‘loss’ only get used for significant changes in life. I’ve been wondering what happens when we do not acknowledge the smaller losses and don’t take the time to grieve them?

How can we acknowledge the loss and ALSO look for what can be gained in every change?

Though not an exhaustive list, children will benefit from:
• Hearing the truth
• Being included in grieving rituals
• Having role models who demonstrate healthy expressions of grief
• Being respected for their individual grief response
• Compassion and acceptance
• Permission to talk or not talk about the loss
• Being seen as capable of adapting to loss

As my time at Avondale School comes to an end I want to acknowledge the sadness I feel as I say goodbye to students and the sense of loss knowing that relationships have to come to an end. I am immensely grateful for the privilege and honour of being invited into each student’s world. I have tried my best to be a safe place and an advocate for them.

Jarel Kilgour
School Counsellor
Primary Closing Celebration
Previously known as Speech Night!
Thursday, December 6 (5.00pm – 6.15pm)
Formerly known as ‘Speech Night’, our Closing Celebration will commence at 5.00pm on Thursday, December 6 in the MPC. Students in Years 1-6 are to wear their full summer uniform and be seated by 4.45pm. The P&F will have food and drinks available for purchase from 6.15pm. We look forward to seeing you there.

Christmas Themed Mufti Day
Tuesday, December 4
K-6 students are asked to wear Christmas themed mufti clothes on Tuesday, December 4. Please note students need to wear closed in shoes.

Move Up Morning
Wednesday, December 5
On Wednesday morning, we are having our ‘Move Up Morning’. Students from Kindy to Year 5 will all move up for the morning to test out their 2019 grade. Year 6 will spend the morning with the Kindy teachers.

Year 6 E-Day
Tuesday, December 4
Year 6 classes will be running their E-Business stalls at school next Tuesday. They have been working this term setting up their businesses by learning about budgets, insurance, writing business proposals, creating logos and making advertising posters. Kindy to Year 5 students will be given E-dollars on the day to spend at the stalls. Parents and grandparents are welcome to come along and check out the stalls. E-dollars for visitors will be issued when signing in at the Primary Office.

End Of Year Celebration Day
Friday, December 7
Next Friday, the last day of school, students from Kindy to Year 6 will have an End of Year Celebration Day. Please refer to your child’s Landscape page and/or emails from teachers for more information on the activities planned for their class.

2019 HRIS Cross Country
Friday, May 3
Please be advised for your holiday planning that the HRIS Cross Country event will fall on the last Friday of the school holidays, due to the change in our school term break and professional development week. The event will be held at Avondale College on Friday, May 3. Thanking you for noting this.

The Stable Door
December 11, 12, 13 - Eight sessions each evening commencing at 6.00pm
Hillview Church Grounds – 95 Freemans Drive Morisset
‘The Stable Door’ is coming to Morisset very soon! On December 11 the first group will step into Nazareth and walk through scene after scene meeting characters such as the wise men, Mary and Joseph, shepherds, the villain Herod, Roman soldiers, and many more. The atmosphere will be festive with night markets, delicious food, a tower of terror for the brave hearts, craft, face painting and a petting pen for the kids. You won’t want to miss this free event that is bigger than ever this year.
### Class

**Skilling Up For The 21st Century Workforce**

The end of each year is an ideal time for observing the results of excellent engineering and technological skills in the workshops at Avondale School. It is at this time that Year 10 Design & Technology and Year 10 Industrial Technology major projects are submitted for assessment.

The major projects completed this year continue the tradition of quality project work at our school. Projects ranged from billy carts to a dining table, cubby house and chest of drawers. Such projects showcase skills of a very high standard, particularly for 16 year old students. The photos below of some of the projects demonstrate students’ abilities to be creative, experiment, problem-solve and manage time effectively to achieve goals. Our Year 10 students should be proud of the suite of skills they have developed that are highly sought after in the workforce of the 21st Century.

### Sport

**Central Coast Marathon**

A big congratulations to the group of past and present students and parents who participated in the recent half marathon and 10km run on the Central Coast. There were some excellent times run across the different distances.

**National Schools Basketball Competition**

Coming up in the next two weeks we have our Senior Boys Basketball Team heading to Melbourne for the National Schools Basketball Competition. Mr Hayden Stuart and coach, Mr Matthew Gibbons, are taking the team for this country wide event. Teams compete across many divisions and age groups for a week. The basketball experience gained and the sportsmanship that is developed is exciting to watch. We wish them all the best!

**All Schools Athletics**

Liam B (Year 9) is heading to Cairns for the 2018 Australian All Schools Championships where he is competing in Boys High Jump early on Sunday, December 9 at 8.30am. He is wished all the best for this opportunity which he has worked hard to achieve.

**2019 Term 1 Sport Events**

We have a busy year ahead for 2019, starting with our Secondary Swimming Carnival in Week 3 on Monday, February 11, at Wyong Olympic Pool.

Term 1 will see HRIS Opens Basketball Trials, Open Tennis, Soccer Trials, Touch Football and Hockey Trials.

HRIS Swimming will be on March 14 and our Secondary Cross Country run is on March 28. Phew! What a busy term for sport ;)

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ALL SCHOOL

Canteen Menu Change
Thursday, December 6 & Friday, December December 7
Please note the Munchery Canteen will be serving Friday’s menu of hot chips, hot dogs, and burgers next Thursday, December 6 and be CLOSED next Friday, December 7, the last day of school.

Last Newsletter 2018
Please note this is the last Newsletter for this year. We hope you all have a safe and relaxing holiday and look forward to seeing you all in 2019.

Library

2018 Library ID Cards
Just a reminder to please keep your 2018 Library ID cards for use next year until the 2019 cards are processed.

K-6 Library Parties
Our library parties are over for another year. What a great time we had together enjoying party food and each others’ company. We look forward to doing it all again next year so make sure you aim to borrow great books EVERY week during 2019. Library party photos can be viewed on the iCentre Landscape page. https://landscape.avondaleschool.nsw.edu.au/homepage/1762

Y7-12 Library Book Return
All overdue books need to be returned by Tuesday, December 4 to avoid charges being made at end of year sign-off. Students returning in 2019 are welcome to borrow books for use over the holiday period. However, all books currently on loan should be returned or renewed and when borrowing records are clear or updated, students can borrow other items for use during the break.

K-6 Library Book Return
Thanks to most students who have already returned their library books for the year. Congratulations to the following classes that were first to return all their library books!
Stage 1 – 2V
Stage 2 - 3D
Stage 3 – 5R
These classes received a goodie bag containing books, Freddo Frogs and bookmarks. Great job!

Parent Library
Parents, just a reminder that any library books you have borrowed this year need to be returned to the library as soon as possible. We’ll look forward to seeing you again next year in the iCentre.

Community Christmas Carols
Hope to see you all here this Sunday, December 2 for our Community Christmas Carols. Remember this is a family-friendly event, and pets and alcohol are not permitted. Gates will open from 4.30pm for a 5.30pm pre-show start. Christmas Carol merchandise will be available for purchase on the day.

Y7-12 Library Book Return

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CHRISTMAS CAROLS
COMMUNITY

JUSTINE CLARKE
IS COMING TO
COMMUNITY CHRISTMAS CAROLS
AT AVONDALE SCHOOL, COORANBONG
2 DECEMBER 2018 FROM 4.30PM
Join us for a Christmas celebration, featuring ARIA winning children’s artist, Play School host and former Home & Away star Justine Clarke, selected judges from Channel 7’s All Together Now 100. There will be music, food by Eat Street Cooranbong and local favourites, and a fireworks spectacular.

Avondale School Newsletter